

# the Independent Voice

From the Students' Perspective



## Tip of the Month

### L.D.F. and Wellness Challenge

The start of a new semester is a great time to refocus and begin new projects.

Capitalize on that fresh energy and initiate some ideas that have been on your mind!



Jason Doss is a 4<sup>th</sup> year pharmacy student at Washington State University. He is currently serving as the outgoing President of the Student Executive Council.

## National Leadership Opportunities



The deadlines to apply for national office are coming up! All NCPA members are encouraged to apply.

### **Student Executive Council (SEC):**

**Application Deadline:** January 20<sup>th</sup>, 2009

Serving on the SEC is a great opportunity to help implement initiatives for NCPA students, influence national policy, and is both a personal and professionally rewarding experience. The SEC is comprised of 16 students who serve 2 year terms. Eight new students are selected every year from all over the country.

Responsibilities of a council member include participating in the annual SEC Leadership Retreat, NCPA Steering Committee Forum, attending NCPA conferences, and assisting in implementing the SEC yearly goals. SEC members receive travel and lodging reimbursement for most of these meetings.

For more information, see the attached SEC application, visit [www.ncpanet.org](http://www.ncpanet.org) under student section, or contact Jason Doss, outgoing SEC president at [jdoss@wsu.edu](mailto:jdoss@wsu.edu).

### **NCPA Summer Intern:**

**Application Deadline:** January 16<sup>th</sup>, 2009

The NCPA Summer Internship is a ten-week program conducted at NCPA headquarters in Alexandria, Virginia. The internship begins in May or June (start date is flexible) and a stipend is provided. The intern may gain up to 350 externship/internship hours toward licensure, depending upon each state's board of pharmacy regulations.

The Summer Intern will be located in the Management Institute Department and will become acquainted with association management and several NCPA departments. For more information, see the attached application or contact John Stelmachowicz, Director of Student Affairs, at [john.stelmachowicz@ncpanet.org](mailto:john.stelmachowicz@ncpanet.org) or 703-838-2649.

**Important  
• Dates & Deadlines •**

**January 16, 2009:**  
Summer Intern and  
Executive Resident  
application deadline.

**January 20, 2009**  
Student Executive  
Committee Application due

**March 16, 2009**  
Scholarship Applications  
Deadline

## Business Plan Competition

The business plan competition deadline is still months away, but now is the perfect time to be start working on your plan!

Give yourself plenty of time to get your team together, brainstorm ideas, and write the plan. A typical timeline that students follow is:

Getting a team together and meet with the team advisor:	2-4 weeks
Brainstorm ideas, visit pharmacies (if needed):	4 weeks
Write a rough draft of the plan, have your advisor review:	4 weeks
Make final changes and touch ups:	2-4 weeks

Some students complete the plan with less time, but the more time you give yourself, the better the plan will be. The deadline for submitting a plan is May 1<sup>st</sup>, 2009.

**Want to know  
more about  
NCPA?**

**Need a speaker for  
a meeting at  
your school?**

Contact  
John Stelmachowicz  
to schedule a time that  
works for you and a  
Student Executive Council  
member. We would love to  
visit your school!

[john.stelmachowicz@ncpanet.org](mailto:john.stelmachowicz@ncpanet.org)  
(703) 838-2649

## NCPA Executive Residency

Application due January 16<sup>th</sup>, 2009

The Executive Residency in Association Management is a springboard into a career of association work and gives you the distinction as a future leader in the health care field.

During your tenure as NCPA Executive Resident, you will interact with influential members of the health care industry including the pharmaceutical industry, academia, and government. Issues impacting independent community pharmacy will constantly present themselves, and you will see how NCPA manages the day-to-day challenges and opportunities on behalf of independent community pharmacy.

For more information, see the attached application or contact John Stelmachowicz, Director of Student Affairs, at [john.stelmachowicz@ncpanet.org](mailto:john.stelmachowicz@ncpanet.org) or 703-838-2649.



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